

# BACKPACKING EXPERIENCE

High Adventure Award of  
Verdugo Hills Council

This award is for an extended weekend Backpacking trip of at least 3 days and 2 nights. There is no limitation on where it can be earned.



## Requirements:

1. Comply with the [Area 4 General Requirements](#).
2. At least one of the adults participating in the outing must have completed the Basic Backpack Awareness Course.
3. Each person must complete two 5-mile conditioning hikes and one 7 hour weekend backpack prior to hiking the qualifying hike.
4. Participants must spend a minimum of 3 days and 2 nights on the trail.
5. Each participant must complete a minimum of 12 (twelve) backpacking hours.
6. All food and equipment must be backpacked in (no pack animals or food drops allowed). Clean up and pack out all trash. A Scout always leaves campsites and trails better and cleaner than he found them.
7. Each participant must complete a 1-hour conservation project cleared with a local ranger prior to or while on the trail.
8. While on the trip/trail adhere to the seven (7) principles of leave no trace outdoor ethics:
  1. Plan Ahead and Prepare
  2. Travel and Camp on Durable Surfaces
  3. Dispose of Waste Properly
  4. Leave What You Find
  5. Minimize Campfire Impacts
  6. Respect Wildlife
  7. Be Considerate of Other Visitors



See website: [www.LNT.org](http://www.LNT.org)